

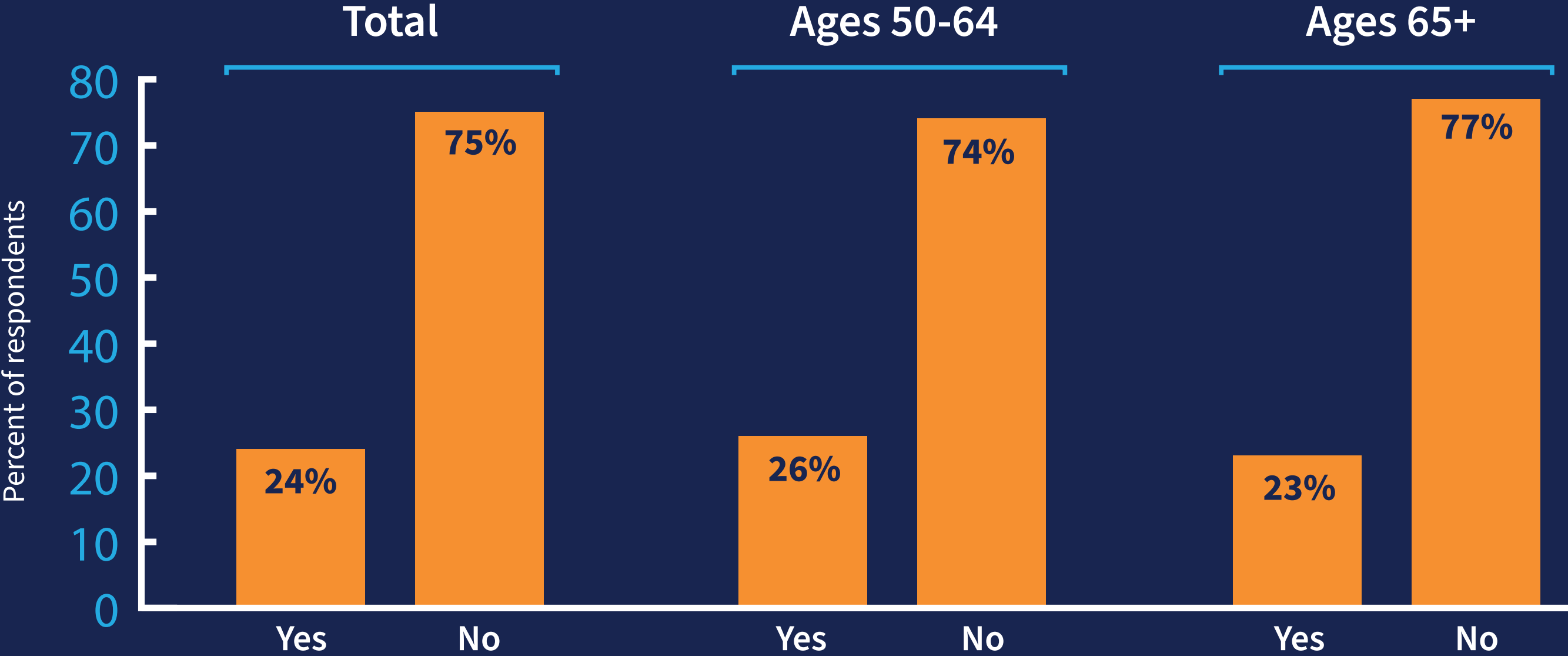
nexus
INSIGHTS

Foresight 
BY AARP & NORC

Long-Term Care in America: A Survey of Older Adults

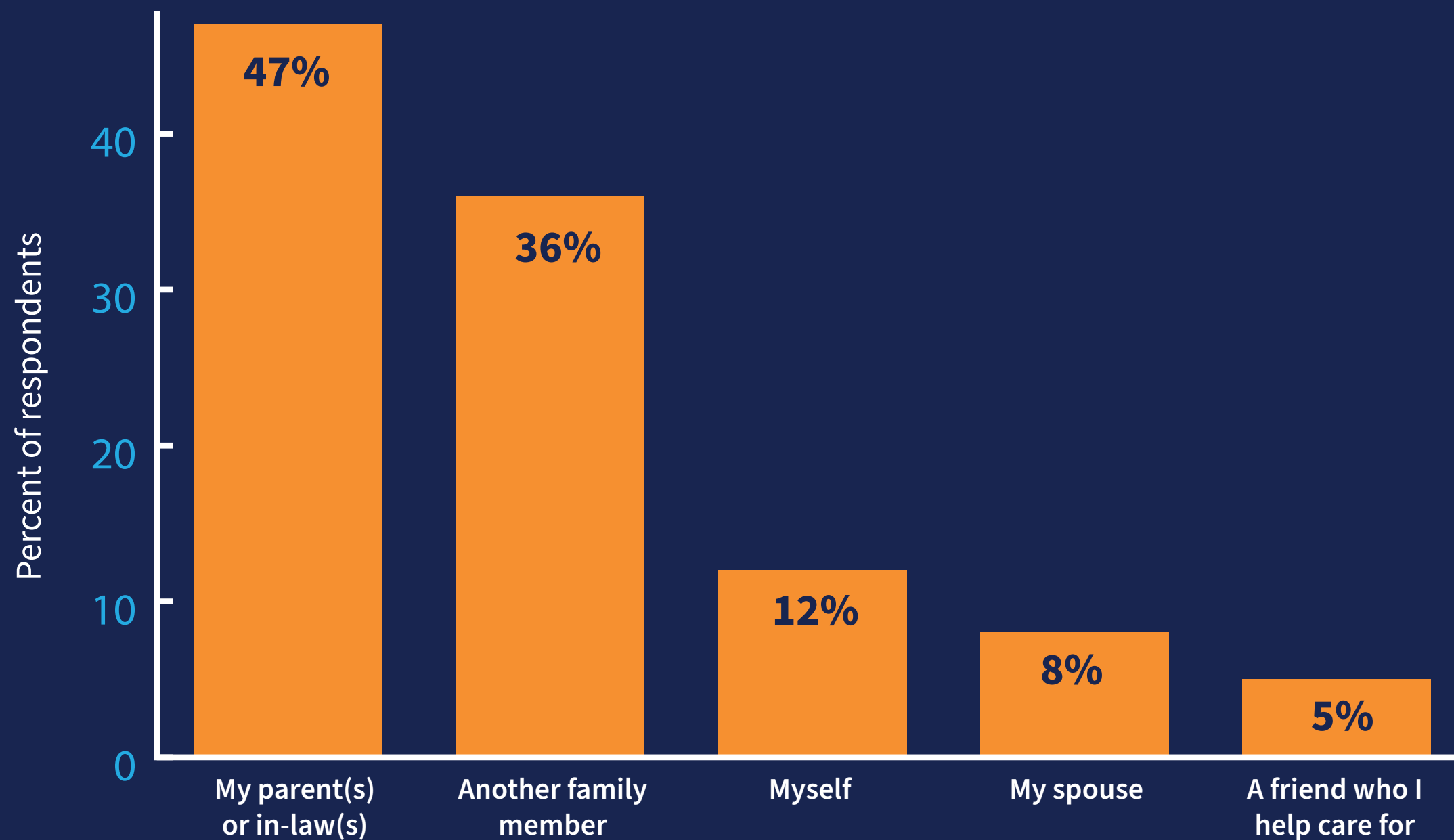
December 2022

Nearly 1 in 4 older adults said they or a loved one needed long-term care in 2022



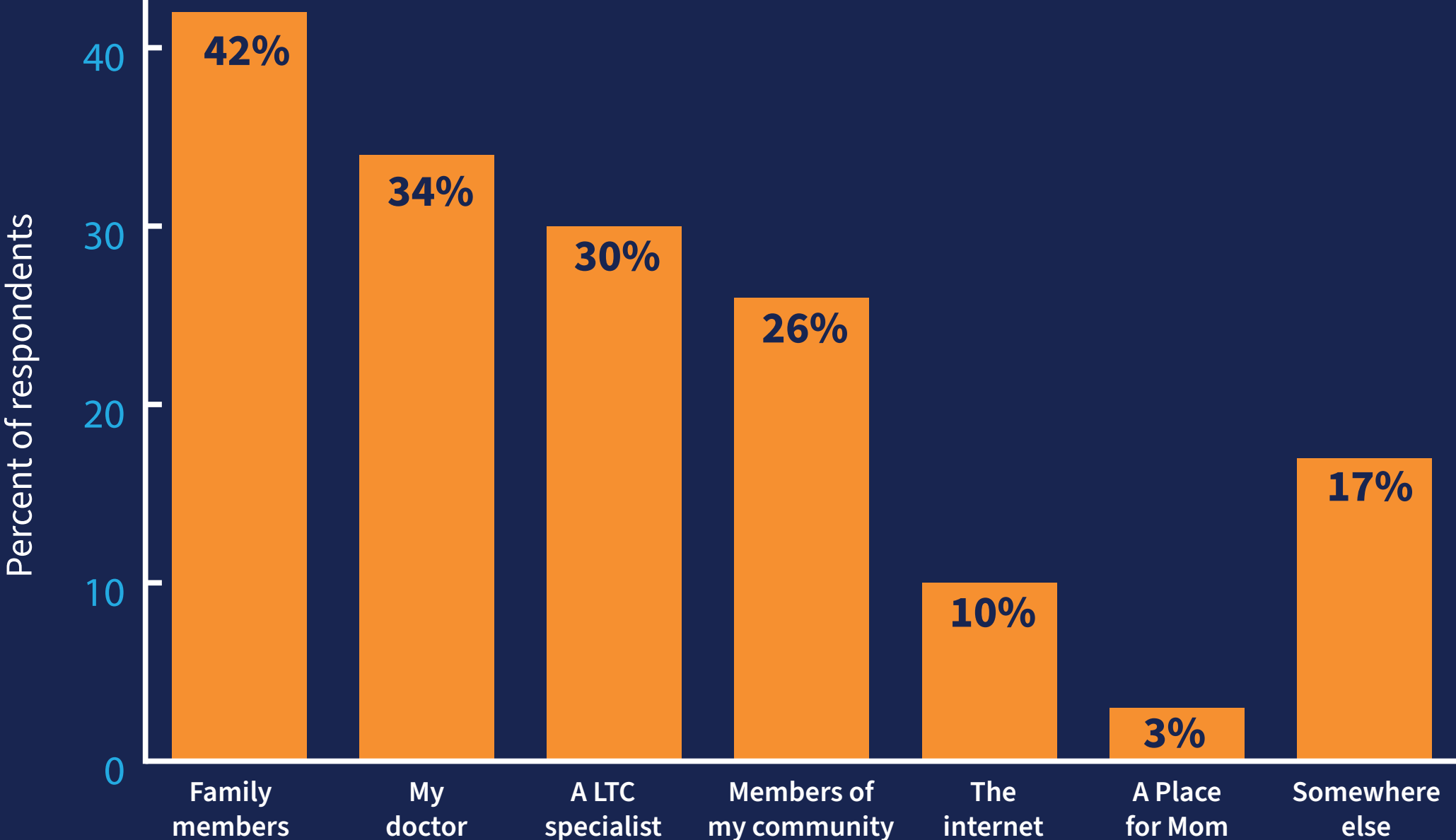
**Have you or a loved one had long-term care needs in the past year?*

Most care needs were for parents or other family members



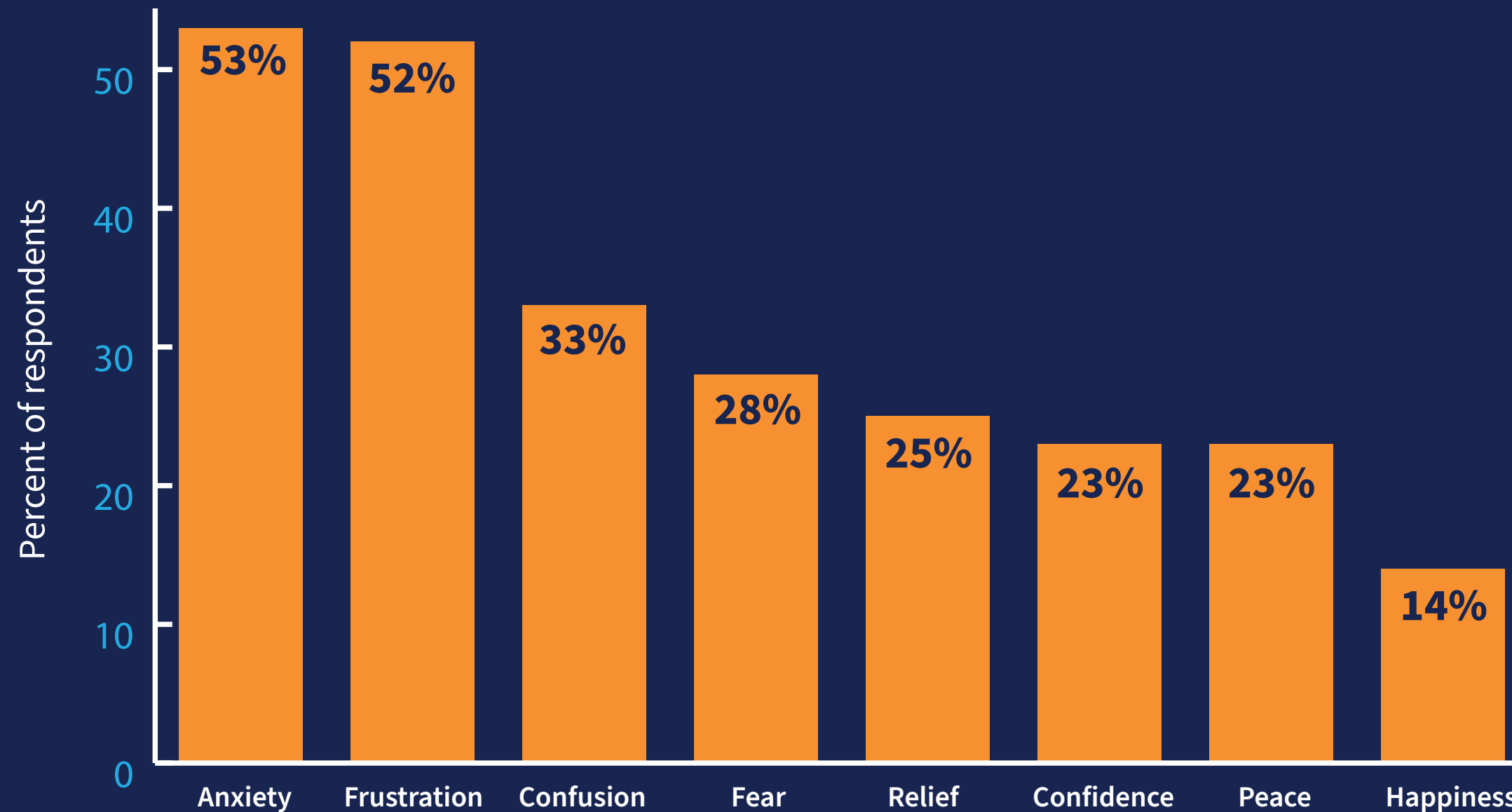
**Who experienced these long-term care needs?*

People are most likely to turn to family members for information and advice about long-term care (LTC)



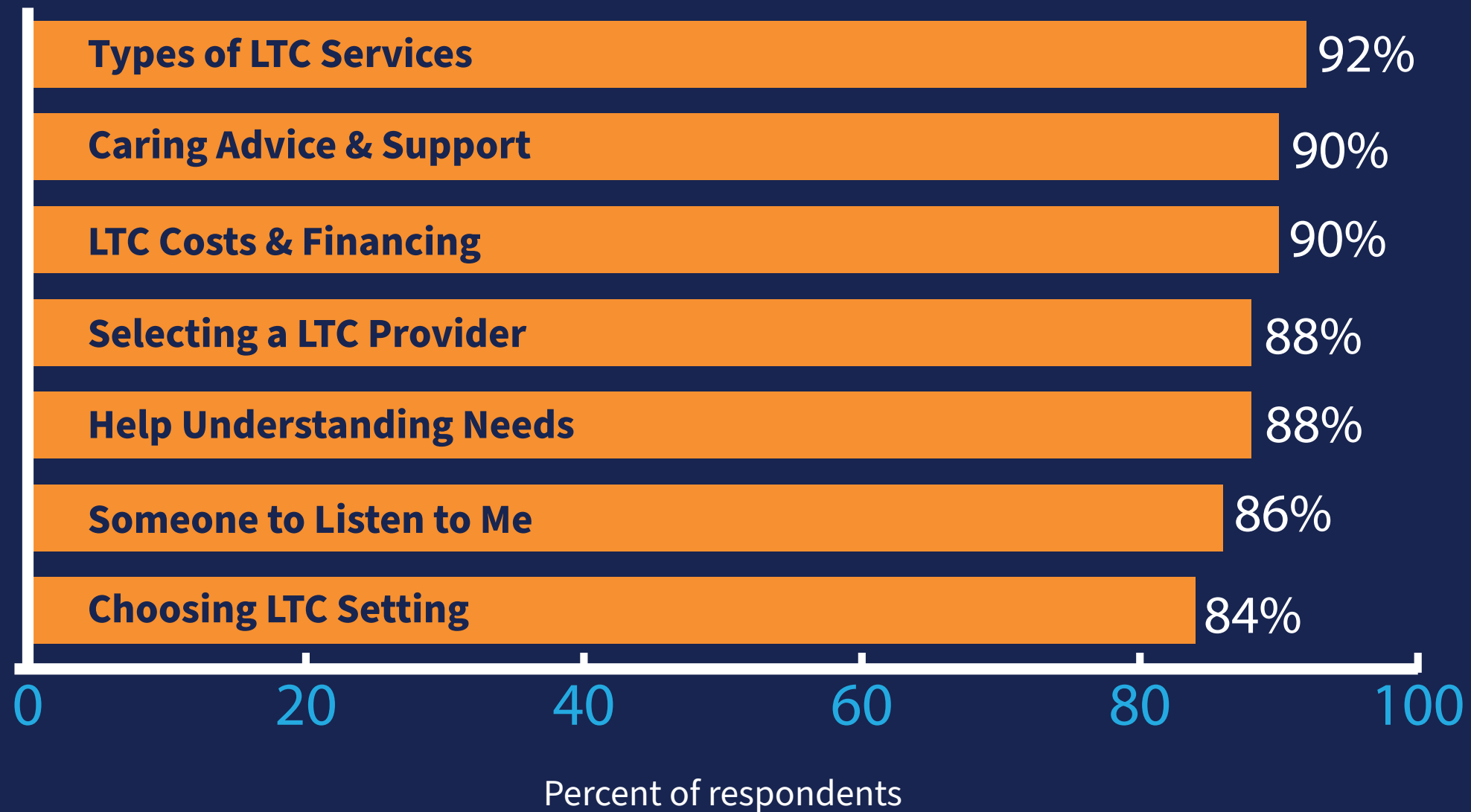
**Who did you trust for information and advice on where to find long-term care (LTC) services and supports for yourself or your family member?*

Anxiety and frustration characterize the experience of finding long-term care



**Choose up to (3) of the following emotions that best describe your feelings during the process of seeking long-term care for you or your loved one.*

People want helpful advice when seeking long-term care (LTC)



**When seeking long-term care (LTC) services, how important would the following types of advice and information have been to you?*

Methodology

An omnibus poll was conducted Nov. 11-14, 2022, with a nationally representative sample of adults age 50 and older (margin of error +/- 4.34 percent points).